



GROUP CONSULTATION AGREEMENT

This agreement outlines the expectations regarding group consultation toward EMDRIA Certification or Consultant in Training in EMDR. Consultation groups for clinicians are structured as follows:

- According to EMDRIA requirements, the maximum group size for EMDRIA Certification consultation is 8 consultees. I prefer to run a smaller group and the maximum number of participants I allow in the group at any one time is 4 consultees. I have chosen to limit the group size to 4 consultees so that everyone in the group has an opportunity to present case material during each meeting.
- Consultees must attend 10 sessions and present current/recent case material on all 8 Phases to obtain documentation for 10 hours of group consultation toward EMDRIA Certification.
- Consultees are expected to come prepared to present case material, complete with notes on that case. Cases will be presented using the EMDR case presentation form (I will provide this to you as I want those who participate in the group to all use the same form).



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Not all group participants are able to present full cases in every group meeting. My goal is that each participant will discuss some aspect of their clinical work in each meeting. You may schedule a case presentation in advance of the group meeting to help ensure the opportunity to present a full case.

- Do not include any information that will identify the case you are presenting.
- The group will meet for 90 minutes, and meetings will be held via Zoom.

Group Consultation Format and Content

Payment in full is due prior to Session 1 and can be paid through my website: Sandrabstanfordcounseling.com/consultation/

\$100 per group session or \$900 for 10 sessions if paid in full.
(1 session is free if paid in full for 10 sessions).

If paying by check send check to:
Sandra B Stanford
3690 Kite Street Titusville, FL 32796

before each session you are planning to attend.



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We will:

Discuss informed consent for EMDR Therapy, introducing EMDR Therapy to clients, and your intake interview/process. Phase-focused questions and review (20 minutes)

Case Presentation 1 (15 minutes)

Case Presentation 2 (15 minutes)

Case Presentation 3 (15 minutes)

Case Presentation 4 (15 minutes)

Wrap Up (10 minutes)

All case presentations should include (at minimum) the information indicated on the Case Presentation Sheet provided with detailed information regarding the Phase(s) assigned.

The following items are due (sent via email) at least 1 week prior to Session 1:

- This Agreement signed and dated.
- A copy of your EMDR basic training completion certificate (If not already sent for individual consultation).



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Consultee Information

Full Name and degree:
Type and number:
Preferred mailing address:
Preferred Phone:
Email:
Name & address of work setting:
Number of clients you see per week:
Are you able to utilize EMDR in your work setting? Yes / No



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Are there other therapists utilizing EMDR in your work setting?

Yes / No

Types of clients and presenting issues with which EMDR will be utilized:

If you have a Supervisor who is providing supervision towards licensure, please provide his/her name and contact information. Consultant and Supervisor will speak briefly at the beginning of consultation, and as needed.

Prior to learning EMDR Therapy, which psychotherapy models were you typically utilizing?

How long have you been practicing therapy?

How long have you been practicing EMDR?

With what aspects of EMDR are you most comfortable?

What aspects of EMDR are currently most difficult for you?



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Fees

Consultation groups for clinicians seeking EMDRIA Certification meet for 90 minutes each for a total fee of \$100 each or a bundle package deal of 10 sessions over 15 weeks for \$900 paid at or before the meeting. (Notes/how paid):

I have read and understand and agree to the above conditions and expectations.

Consultee Name (print) _____

Signature _____

Date _____

Consultant Name: **SANDRA B. STANFORD, LMHC**

Signature _____

Date _____